

# **Randy Parrish**

## **Current Level 9/10 Illinois Committee Member**

I have been involved in Illinois Gymnastics for 30 years and still going strong. I speak and travel throughout the country for USA Gymnastics and bring back to the committee ideas, information and procedures from all the other states and regions. I have found that Illinois is a leader in our Region and throughout the US.

My first priority is to the gymnasts and coaches. You can see that every time you see me at a meet where I donate my time to announce awards, mc meets and provide music for all to enjoy! The gymnasts are my passion and they are the source of my energy and dedication to the sport of gymnastics.

I spend each summer with amazing coaches from all over the country and I bring to the committee an overview of what is happening in our gymnastics community throughout the country.

Thank you for all your support – Illinois is the BEST!

### **Experiences include:**

#### **USA Gymnastics Pro Member since 1982**

Level 9/10 Illinois Committee Member

#### **Region 5 Prep Opt Representative for Illinois**

Coached Gymnasts to Level 9 and 10 Nationals

#### **Member of the Illinois Committee for over 10 years**

Owner of Quincy Gymnastics for 25 years

#### **NCAA Gymnast at Illinois State University**

Physical Education Teacher at Baldwin Intermediate School

#### **Director of Flip Fest Summer Gymnastics Camp**

Hosted March of Dimes Meet and numerous State Meets the past 20 years

#### **Clinician and National Speaker for GAT and USA Gymnastics for the past 10 years**

Hosted and Organized Gymnast parties for Level 9 Nationals and National Invitational's

#### **Organized special appearances for Olympic Gymnasts to visit Illinois Clubs and their Meets**